

Crohn's & Colitis Australia's magazine *Inside Insight* will now be available online for all CCA members to view at their leisure. We believe this new service will be welcomed by our members, many of whom have expressed a preference for receiving their magazine in an electronic format. In providing this service, CCA is following in the footsteps of many organisations, including our international counterparts.

The option of accessing the magazines online has many benefits, primarily major cost savings in printing and postage. CCA is committed to using your membership fees as wisely and economically as possible, and believes the savings made in these areas can be redirected to support our other programs, including state symposiums and forums, research grants, and our popular camps for teens.

Other benefits include:

- Reduced consumption and disposal of paper products helps the environment;
- Online access overcomes privacy issues, as some members do not wish to disclose their illness to people with whom they share a mailing address;
- Members can choose which items are of particular interest to them; and
- Electronic copies don't take up valuable storage space and can't be misplaced! As well as the current issue, previous magazines will also be available online for easy access to past articles.

**Please note, in order to access the magazine online, CCA must have your current email address. Please email [info@crohnsandcolitis.com.au](mailto:info@crohnsandcolitis.com.au) with your full name and current email to ensure that we keep your details up to date.**

## **SIGN UP TO RECEIVE "INSIDE INSIGHT" HARD COPY MAGAZINE BY POST**

**NAME**

**POSTAL ADDRESS**

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Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

**Please tick the boxes if you would like to receive information on the following:**

- Donation boxes – raise awareness and source donations at work, school or other locations**
- Volunteering – facilitate support groups, help at a Youth Camp, general administration and more**
- Community Fundraising – create your own fundraising event and have fun with friends**

**PLEASE SEND COMPLETED FORM TO:**

CCA

PO Box 2160

Hawthorn VIC 3122

**Fax:** (03) 9815 1299 **Phone:** (03) 9815 1266

**Email:** [info@crohnsandcolitis.com.au](mailto:info@crohnsandcolitis.com.au)